



## BULLETIN:

### Child and Adult Care Food Program

Child & Adult Care Centers,  
Emergency Shelters, OSHC, &  
Sponsors of Family Day Care Homes  
[www.education.alaska.gov/tls/cnp](http://www.education.alaska.gov/tls/cnp)

Child Nutrition Programs  
Teaching and Learning Support  
801 West 10<sup>th</sup> Street, Suite 200  
P.O. Box 110500  
Juneau, Alaska 99811-0500  
Phone: (907) 465-8711  
Fax: (907) 465-8910  
Email:  
[annmarie.martin@alaska.gov](mailto:annmarie.martin@alaska.gov)

**To:** CACFP Agencies  
CACFP Program Reviewers

**Date:** March 2, 2015

**Bulletin:** 2015-05

**From:** Ann-Marie Martin  
CACFP Coordinator

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

#### Bulletin Topics

1. Proposed CACFP Meal Pattern Comments
2. Infant Training on eLearning <http://education.alaska.gov/ELearning/>
3. Certified Food Protection Manager training
4. Harvest for Healthy Kids
5. National Nutrition Month®
6. National CACFP Week
7. 2015 Summer Food Service Program (SFSP) Trainings
8. Mealtime Memo - Menu Planning for Healthy Eating

#### 1. Proposed CACFP Meal Pattern Comments

The Child and Adult Care Food Program: Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010 were posted to the federal register in January 2015. You can find them at:  
<http://www.fns.usda.gov/cacfp/federal-register-documents>

The Food and Nutrition Service (FNS), USDA, invites interested persons to submit comments on the Proposed CACFP Meal Pattern. In order to ensure proper receipt, comments may be submitted through one of the following methods only:

- **Preferred method:** Federal eRulemaking Portal at <http://www.regulations.gov>. Follow the online instructions for submitting comments.
- **Mail:** Written comments should be addressed to Tina Namian, Branch Chief, Policy and Program Development Division, Child Nutrition Programs, Food and Nutrition Service, Department of Agriculture, Post Office Box 66874, St. Louis, Missouri 63166.

Comments sent by other methods not listed above will not be able to be accepted and subsequently not posted. Comments submitted in response to this rule will be included in the record and will be made available to the public. Please be advised that the substance of the comments and the identity of the individuals or entities submitting the comments will be subject to public disclosure. USDA will make the comments publicly available on the Internet via <http://www.regulations.gov>.

The Alaska Child Nutrition Programs **highly encourages you to comment** on the proposed rule. Please make sure to do the following before commenting by April 15, 2015:

## **2. Infant Training on EED eLearning**

If you have infants in care and are unsure (or have new staff) about the meal pattern or recordkeeping for the children under 1 year old please attend the on-line training through EED's eLearning site at: <http://education.alaska.gov/ELearning/>. This is a FREE training and is a good refresher training.

## **3. Certified Food Protection Manager training in Anchorage on March 27, 2015**

JTAK Food Safety is offering a CFPM training on Friday, March 27<sup>th</sup> at the Clarion Suites, 1110 West 8<sup>th</sup> Avenue in Anchorage. The course fee is \$165 and includes the course handbook and the certification exam fee. Interested parties may register online at <http://events.r20.constantcontact.com/register/event?oeidk=a07eajohiez756e39cd&llr=npjchtoab> or by contacting JTAK Food Safety at 907-398-2584 or by email at [john@jtakfoodsafety.com](mailto:john@jtakfoodsafety.com).

## **4. Harvest for Healthy Kids**

Check out the website: [Harvestforhealthykids.org](http://Harvestforhealthykids.org) There are free downloadable activity kits – please see the Harvest for Healthy Kids pdf with this bulletin.

**5. National Nutrition Month®** National Nutrition Month is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. The theme for 2015 is "Bite into a Healthy Lifestyle," which encourages everyone to adopt eating and physical activity plans that are focused on consuming fewer calories, making informed food choices and getting daily exercise in order to achieve and maintain a healthy weight, reduce the risk of chronic disease and promote overall health. <http://www.eatright.org/> is a very good resource

## **6. National CACFP Week – March 15-21<sup>st</sup>**

Check out the National CACFP Week Toolkit attached to this bulletin and on-line Team Nutrition resources at [www.fns.usda.gov/team-nutrition](http://www.fns.usda.gov/team-nutrition).

The purpose of the National CACFP Week is:

- To educate parents and the community about how the CACFP helps child care providers serve well balanced, nutritious meals,
- To promote proper nutrition for growing children,
- To ensure long-term health benefits by creating healthy eating habits.

Celebrate and promote National CACFP Week in your home or center together with the children you serve!



Shopping for ideas? Print or order your **FREE** materials from Team Nutrition today!

Resources for child care include:

- **The Two-Bite Club Educational Storybook**
- **Grow It! Try it! Like it! Nutrition Education Kit Featuring MyPlate**
- **Make Today a Try-Day in CACFP: Poster/ Sticker Set**
- **Discover My Plate Emergent Reader Mini Books**



Child care centers and homes, sponsoring organizations, and schools that participate in USDA's Child and Adult Care Food Program may request free printed copies of materials at <http://tn.ntis.gov>.

Subscribe to Team Nutrition e-Newsletters [here](#).

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## 7. 2015 Summer Food Service Program Trainings

Summer is only a few months away and many of you will keep your doors open throughout the summer. For both school-year and year-long operating programs, the Summer Food Service Program (SFSP) can be a great supplement to children's nutrition and your program. If you are a returning SFSP sponsor or are interested in becoming a new program sponsor, now is the time to start preparing for summer 2015. On average in FY13, about 36,000 children received free and reduced-price meals through the National School Lunch and School Breakfast Programs (NSLP & SBP), while only about 4,000 participated in SFSP. Eligibility can be met either by school data (at least 50% or more children at a school in your area are eligible for free or reduced price lunch), census area data, income eligibility forms or other sources of income data.

CACFPs are well positioned to provide meals that complement learning and summer recreation opportunities for children. As CACFP regulations are more stringent than SFSP, it can be a smooth transition between programs, while earning higher rates during the summer. \*Please note that child care institutions may not switch to SFSP just to receive the higher reimbursement rate—a CACFP must have sufficient changes in activities or enrollment and meet SFSP eligibility criteria to participate in the SFSP.

The annual required SFSP training will be held in Anchorage **March 3-4**, or distance for schools on **April 2<sup>nd</sup>** and **April 9<sup>th</sup>** for all other sponsors. You will find the reimbursement rates, training registration and intent to operate forms attached to this e-mail. Please contact Summer Food Program Specialist Alicia

Stephens at (907) 465-4788 or [alicia.stephens@alaska.gov](mailto:alicia.stephens@alaska.gov) for more information. Applications for the Summer Food Service Program are due by **April 15, 2015** and can be sent upon request.

## **8. Mealtime Memo – Menu Planning for Healthy Eating**

Menu planning is the foundation for healthy eating in child care settings. This month's Mealtime Memo focuses on the principles of good menus as well as a nutrition tip, a nutrition fact, and information about the fruit of the month – Sweet Potato. You can find the memo in English and Spanish at the following website: <http://www.nfsmi.org/ResourceOverview.aspx?ID=488> and also on the CACFP Bulletins webpage: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

### **Contact Information**

Ann-Marie Martin, Program Coordinator  
(907) 465-8711 fax (907) 465-8910  
[annmarie.martin@alaska.gov](mailto:annmarie.martin@alaska.gov)

Alicia Stephens, Program Specialist  
(907) 465-4788 fax (907) 465-8910  
[alicia.stephens@alaska.gov](mailto:alicia.stephens@alaska.gov)

Alexis Hall, Education Assistant  
(907) 465-4969 fax (907) 465-8910  
[alexis.hall@alaska.gov](mailto:alexis.hall@alaska.gov)

### **Commonly Used Acronyms**

CACFP – Child and Adult Care Food Program  
CNP – Child Nutrition Programs  
FNS – Food & Nutrition Services  
FNSRO-Food & Nut Services Reg. Office  
USDA – U.S. Department of Agriculture  
LEA – Local Education Authority  
DEC – Department of Conservation

All attachments for this bulletin can be found on the State of Alaska Child Nutrition Programs, CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

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Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800)845-6136 (Spanish).

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